

# 40 East Grill

## Lunch Menu

### Starters

**Strawberry Garden Salsa** fresh strawberry, basil, cherry tomato, lime juice, and jalapeno, won ton chips...6

**Banging Boro Shrimp** coastal shrimp, tempura battered and fried, sweet and spicy aioli...9

**40 East Cheese Board** assorted cheeses from Udderly Cool Dairy (accompaniments provided by B&G Honey and Braswell's), fresh fruit, candied pecans, crostini...16

### Soups and Salads

**She-Crab Soup** a rich and creamy soup flavored with sherry and lump crab, house croutons...7/4

**Chef Inspired Soup of the Day** made using the freshest ingredients daily...7/4

**40 E. Grill's House Salad** mixed greens, roasted heirloom cherry tomatoes, shredded parmesan, cucumber, egg, croutons, house dressing...6

**Bleu Cheese Wedge** iceberg wedge, red onions, roasted heirloom cherry tomatoes, smoked bacon, gorgonzola crumbles, croutons, house gorgonzola dressing...7

**Fresh Strawberry Salad** Fishead Farms Cherokee Summer Crisp lettuce, sliced strawberries, candied pecans, red onions, fresh feta cheese, balsamic vinaigrette...8

**40's Caesar Salad** Fishead Farms romaine, shredded parmesan, croutons, tossed in a house caesar...7

**Summer Seasonal Watermelon Salad** fresh sliced watermelon, sliced cucumber, micro greens, goat cheese, ginger-cilantro vinaigrette...8

**Classic Caprese** sliced tomato, fresh basil, fresh mozzarella, topped with a balsamic reduction...8

add pan seared salmon...10, add roasted shrimp...9

add seared deep sea scallops...14, add pan seared chicken breast...7

add jumbo lump crab cake...10, add sliced seared tuna...10

### Sandwiches

(served with a choice of one side item)

**Savory Strawberry Panini** sliced strawberries, goat cheese, balsamic reduction, basil pesto, arugula...9

**Caprese Panini** sliced tomatoes, fresh mozzarella, basil pesto, balsamic reduction, grilled ciabatta...8

**Club @ 40 East** shaved ham, roasted chicken, pepper encrusted bacon, lettuce, tomato, american swiss and house avocado spread, choice of rustic white or wheat...10

**Crispy Fried Fish Sandwich** crispy fried fish, sliced red onions, dill pickles, lemon caper tartar sauce, kaiser bun...8

**Crab Cake Sandwich** jumbo lump crab cake, lettuce, tomato, and zesty remoulade, kaiser bun...10

**40 East Burger** ground beef, pepper encrusted bacon, sliced red onions, american swiss cheese, 1000 sauce and dill pickles, kaiser bun...10

**Grilled Veggie Panini** roasted zucchini, red peppers, red onions, fresh mozzarella, basil pesto spread, grilled ciabatta...8

**Salmon B.L.T.** fresh Atlantic salmon, sliced tomato, mixed greens, zesty remoulade, choice of rustic white or wheat...11

**Sweet Chipotle Fried Chicken Sandwich** fried chicken breast, pickles, bacon, chipotle aioli, B&G local honey, rustic white...11

**Turkey and Avocado Sandwich** metro deli turkey breast, house avocado spread, lettuce, tomato, pepper encrusted bacon, choice of rustic white or wheat...10

**40 East French Dip** metro deli angus top round beef, american swiss cheese, toasted french baguette, hot au jus...10

**Hawaiian Panini** applewood deli sliced ham, american swiss cheese, pineapple, balsamic reduction on grilled ciabatta...9

**40 East Cubano** marinated pork shoulder, dark ale mustard, pickles, American swiss cheese, grilled ciabatta...10

# Soup, Salad, Sandwich, Side Combos

Any two for...8 Any three for...10

## Soups

She Crab Soup  
Soup of the Day

## Salads

40 East House Salad  
40's Caesar Salad  
Classic Caprese

## Sandwiches

Half Strawberry Panini  
Half Hawaiian Panini  
Half Caprese Panini  
Half Veggie Panini  
Half BLT Sandwich  
Half Cranberry Chicken  
Salad Sandwich  
Half Turkey and Avocado  
Sandwich  
Half 40 East French Dip

## Side Items

Hand Cut French Fries  
Sweet Potato Fries  
Miss Vickie's Sea Salt Potato Chips  
Fruit Bowl  
BLT Pasta Salad

## Beverages

Coca-Cola Products...2.00  
Fresh Brewed Tea...2.00  
Arnold Palmer...2.00  
Coffee...2.00

## Desserts

(Dessert Includes Complimentary Cool Beanz Locally Roasted Coffee)

### **Lavender Cheesecake**

earl grey cream anglaise...8

### **Strawberry Shortcake**

house made pound cake, macerated strawberries, fresh whipped cream ...7

### **Seasonal Crème Brulee**

Please ask your server for seasonal selection...8

### **Decadent Chocolate Fondue for Two**

Choose Your Chocolate Selection:

**Milk Chocolate...16, Turtle...17, S'more...17**

**Irish Cream (21+)...18, White Chocolate Bananas Foster...19**

Included Accompaniments:

Strawberries, Pineapple, NY Cheesecake, Chocolate Chip Cookie Dough, House-Made Pound Cake